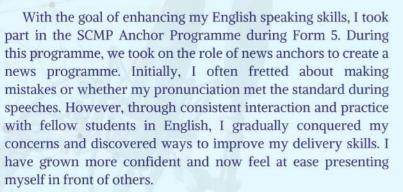


Through the SCMP anchor programme, I have gained valuable insights and skills. I've learned how to be confident and stay calm in front of the camera, mastered the art of writing a survey report and, obtained a comprehensive understanding of what it's like to be a news anchor. I can feel my confidence in speaking English growing with each passing day!







The days at the SCMP headquarters have been both rewarding and intriguing for me. I believe that the best way to practice English is by speaking it, and the anchor programme serves as an excellent platform for engaging in day-to-day conversations in English. The interactive games organized by our teacher have enhanced not only my critical thinking but also my communication skills. Additionally, I have gained valuable knowledge about the responsibilities of an anchor, such as reading from a teleprompter, understanding the appropriate tone for anchoring, and the importance of maintaining impartiality in this role. Furthermore, the programme provided valuable insights on the topic of 'transgenderism'. I hope that my fellow lower form classmates will have the same opportunity to benefit from this programme, as it has significantly improved my speaking skills.



## 香港管理專業協會羅桂祥中學

THE HONG KONG MANAGEMENT ASSOCIATION K S LO COLLEGE



Last year, ten F.5 students dived into an exciting programme called 'Experience as an Anchor,' hosted by the South China Morning Post. This programme was all about equipping students with awesome skills that go way beyond the regular school stuff.

Imagine this: learning to speak confidently in front of a crowd, structuring your ideas like a pro, and diving deep into social issues through journalism. That's what these students got to experience!

But it wasn't just about public speaking. They also learned how to interview people with empathy, think logically, and present their ideas like champs. All while improving their listening skills, speaking with flair, and connecting with others using both words and gestures.

Through fun group activities and role-playing, these students not only grew as individuals but also learned to believe in themselves. Let's hear what the participants said about the programme.



The good memories of the SCMP Anchor Programme are something that will be etched in my mind. As a secondary student, I am eager to become a fluent English speaker and highly value native-level proficiency. To this end, I have joined the Anchor Programme at SCMP.

I was captivated by the relaxed atmosphere of the programme. We were encouraged to learn English in a calm and composed manner. Our tutor, Barbie, was very amiable, and we were soon immersed in the learning ambiance through casual conversations. Throughout the programme, we discovered that authentic, practical English used orally differs significantly from overly formal English. Exploring current trends allowed me to engage in critical thinking and develop opinions on controversial topics.

After this programme, I have evolved into a student equipped with practical oral skills and a critical mindset. While we may have been timid at first when speaking English, after overcoming our initial nerves, speaking English became fearlessly enjoyable. It has been a pleasure and a joy to be part of this programme.







魔術變幻莫測,總在不經意間帶來驚喜與夢幻的體驗。在暑假期間,本校魔術隊遠赴韓國參加蔚山魔術節,不僅讓學生展示了自己的才華,也在國際舞台上獲得了寶貴的經驗。

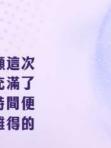




韓國蔚山魔術節是我目前參加過的最大型國際魔術比賽。我認識了來自世界各地的參賽者, 見識到各種獨特的魔術手法, 更幸運地獲得了蔚山魔術節特別獎, 這一切的經歷都讓我難以忘懷。

除了比賽,我還參加了著名魔術師Lee Myung Joon 的課堂,並參觀了魔術道具生產公司JL Company。作為修讀商業管理科的學生,我在參觀過程中意外地學到了許多商業知識,深入了解了國際公司的規模和運作模式。讀萬卷書不如行萬里路,這次的韓國之旅讓我眼界大開,深刻體會到理論與實踐相結合的重要性。這次旅程不僅提升了我的魔術技能,也讓我對未來的職業生涯規劃有新體會,激勵我在商業與魔術的交匯點上不斷探索與成長。

4D 陳梓昕



我從未想過自己會在國際舞台上獲得獎項。回顧這次的韓國之行,確實讓我獲益良多。我從小就對魔術充滿了好奇,沒想到羅中竟然有魔術隊,而我在如此短的時間便能代表學校,遠赴海外參加各種魔術賽事,實在是難得的機會。

在這次韓國蔚山魔術節的比賽中, 我榮獲傑出表現獎, 這無疑是對我所付出的努力的一大肯定。在參賽期間, 學校還特意安排了一位韓國魔術導師為我們授課。他的指導讓我更深入地了解自己的不足之處, 也讓我明白了舞台表演的關鍵要素。這一切都讓我印象深刻, 難以忘懷。我期待能將這些學到的知識和經驗應用到未來的魔術表演中, 並希望繼續在這條充滿驚喜的道路上前行。

3C胡菲

